

Prep's visit to the Gurudwara

On 29th December 2017, Preps visited the Gurudwara at the Nelson Mandela Marg, Vasant Kunj.

We had a **Circle Time** discussion prior to the visit. The topic of the circle time was "**Shukran (Gratitude)**" since it was the last working day of 2017.

All children were very excited to visit the Gurudwara. Some children responded during the circle time and said "main apne mummy papa ke saath Gurdwara jaata hoon.", "gurudwara mein hum matha tek te hai." We also discussed the good practices that should be followed during the visit. Circle time helped children to prepare themselves for the visit. It was nice to hear children share their experiences with everyone.

We started at 9:30 a.m from the Santa Maria. It was a short and pleasant drive down the Gurudwara.



As a part of the religious practice followed in the Gurudwara we had covered our head with the scarves before entering. The children removed their shoes and placed their name slips inside their shoe to identify it later. A visitor was impressed with this name slip activity. We moved in line to wash our hands before entering the '**Darbaar Sahib**'. We discussed the significance of this symbolic cleansing of washing hands.



All the children bowed in front of **Sri Guru Granth Sahib**, the sacred **Sikh** scripture.

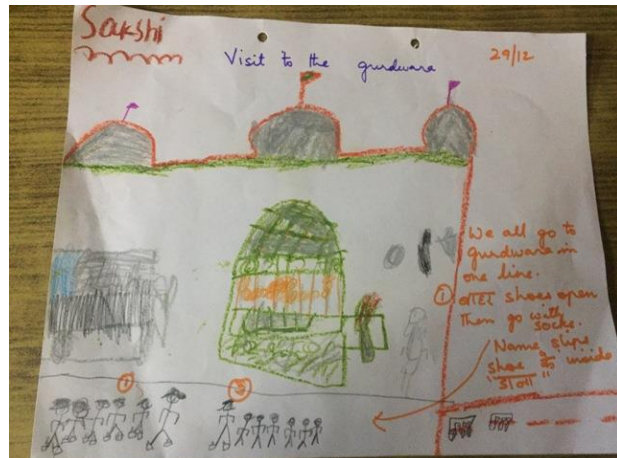
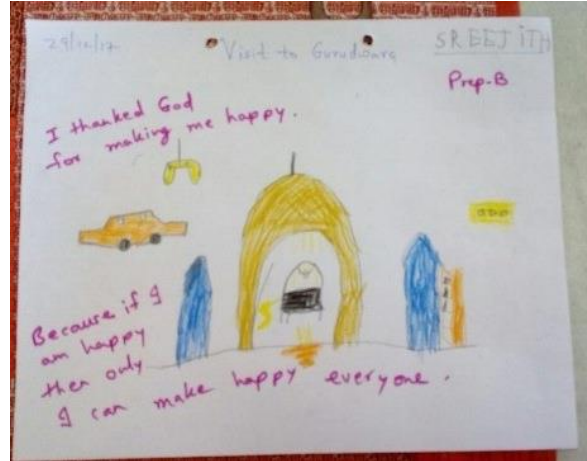
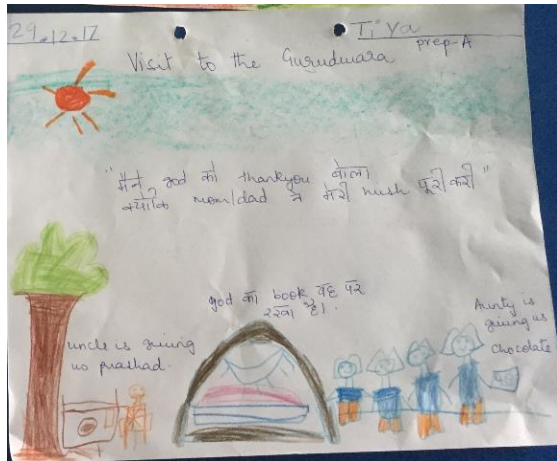


After that we all got up and took a '**Parikrama**' of the Sri Guru Granth Sahib. Here children were also shown the fan (Chaver) and were explained that it is made out from Yak hair. Children then stood humbly to receive the '**Kada Prasad**' and the sweets offered by the Granthis.

We also took time to join in to the soothing meditation mantra "**Satnam Satnam Waheguru**" which was playing in the background. We thanked the Granthis of the Gurudwara for their hospitality and generosity. The children were all happy to get chocolates from a lady sevak.



The young minds did assimilate lot of what was told. Children gave interesting reflections on the visit to the Gurudwara. After coming back to school children finally recalled the visit through an illustration.



During the recess outdoors back in school, children were seen making sand impressions of the gurudwara. Ananya said- "Lets build a gurudwara." Arnav said " Gurudwara ke upar I will put a flag."



With this, Santa Marians have completed their visits to the different places of worship. Let me end by wishing all a very *Happy New Year* followed by anecdotes of gratitude *Shukran* from our Santa Marian's:

- 1) Athadeep says "I thank for making me a nice person and being helpful at home."
- 2) Kathyani said "I am thankful. My mumma and papa car ke accident sey bacch gaye."
- 3) Kavya said " I am thankful, my dad is back"
- 4) Arnav said "I thank God for all my lovely friends."
- 5) Aaron said "I am grateful for this very beautiful earth."
- 6) Saviya said "Mummy was not well. She had allergy. I thank God ki woh theek hai."

Report by
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